

Individual Case Consultation Provider Guidelines & Requirements

As an Individual Consultation Provider, you are taking on a larger leadership and educational support role within the Somatic Experiencing® Training program. SE™ Case Consultations (Case Consults) provide participants the opportunity to examine the application of SE™ with their clients through the services provided by an approved SE™ Individual Consultation Provider. Case Consults reinforce participant's SE™ skill development and professional development (i.e. countertransference, scope of practice, etc.) as it relates to SE™. Case Consultations are a professional service focused on the application of SE™ and its integration into a participant's professional practice. Whereas Personal Sessions are an experiential learning process of SE given to the SE™ participants from an approved SE™ Personal Session Provider.

SE™ Case Consultation is not formal supervision as required in many psychological professions, but rather an opportunity for SE™ learners to benefit from the knowledge and expertise of other practitioners who have been using SE™ for an extended period of time within their own practices. We expect that those providing Individual Case Consultations have significant practice experience with integrating SE™ into their practice modality while working with the general public (rather than primarily with SE™ students). Providing Personal Sessions primarily to the SE™ student community is not considered sufficient experience to qualify as a Provider of Individual Consultations.

In addition to the more formal criteria for becoming an Individual Consultation Provider, there are additional skills that Individual Consultation Providers are expected to have. To the best of their ability, Case Consultation Providers will:

- Develop their ability to identify and highlight what the participant is doing right, as well as ways to share ideas about where the participant faces challenges.
- Have sufficient knowledge of the limits of their scope of practice within their practice modality and license in order to articulate that scope of practice clearly to students who consult with them, and to adequately guide the student toward more appropriate professional consultation if the issues are outside of the Provider's scope.
- Have sufficient knowledge of the common professional ethics and confidentiality rules associated with their practice modality and license in order to articulate those rules to students who consult with them, and to guide the Provider and student in deciding if any ethical or confidentiality issues raised by the student are beyond the Provider's scope and are better addressed by other professional consultation for the student.
- Further develop their capacity for containment and self-regulation.
- Take in constructive feedback and direction.
- Clarify with students at the beginning of a session whether the student is requesting a Personal Session or Case Consultation and maintain that boundary within the intention of that session/consult, and to accurately record all sessions and consultations on the students session log and/or accurately confirm all sessions and consultations to the Credentialing and Assisting Administrator upon request.

Faculty may use the skills listed above as guidelines for filling out Individual Case Consultation Recommendation Forms for prospective/current Providers or for writing Non-Recommendation Letters for prospective/current Providers.

Prospective Individual Consultation Providers must apply and be pre-approved by the SE™ Trauma Institute prior to providing at each year-level. Providers approved by SE™ Trauma Institute must not have had any grievance, complaint, or action brought against them before any licensing, regulating, associative, or legal body for any

violation or misconduct. Prospective Providers who have had a grievance, complaint, or action brought against them that has been resolved may appeal to the Credentialing and Assisting Administrator for a review of qualification; review and approval of qualification will be on-a-case by case basis.

We appreciate the service that our approved Session and Consultation Providers offer to our students. We understand that Providers also benefit professionally and financially from offering these sessions. Please note, however, that being a Session or Consultation Provider should not be considered a career path. We cannot guarantee that Providers will progress through the Provider levels or maintain approval to provide credited sessions/consults after receiving initial approval.

Specific requirements for Individual Consultation Providers at each level:

Beginning:

- Providers must have had a professional practice in a related field (e.g. psychotherapy, bodywork) that they have been integrating with SE™ for at least 5 years.
- Providers must have fulfilled all the requirements and be approved for providing Personal Sessions at the Advanced Level.
- Providers must have given at least 300 SE™ sessions to clients.
- Providers must have assisted two full cycles of the Beginning year, one full cycle of the Intermediate year, and one full cycle of the Advanced year.
- Submit Application including:
 - CV/résumé
 - 2 Faculty Individual Case Consultation Recommendation Forms

Intermediate:

- Providers must have fulfilled all the requirements and be approved for providing Individual Case Consultations at the Beginning Level.
- Providers must have assisted two full cycles of the Beginning year, two full cycles of the Intermediate year, and three full cycle of the Advanced year.
- Providers must be approved Beginning Level Individual Consultation Providers and have provided a minimum of 20 credited Individual Consultations to Beginning Level students.
- Submit Application including:
 - CV/résumé
 - 2 Faculty Individual Case Consultation Recommendation Forms

Advanced:

- Providers must have fulfilled all the requirements and be approved for providing Individual Case Consultations at the Beginning and Intermediate Levels.
- Providers must have assisted two full cycles of the Beginning year, two full cycles of the Intermediate year, and two full cycles of the Advanced year.
- Providers must be approved Intermediate Level Individual Consultation Providers and have provided a minimum of 20 credited Individual Consultations to Intermediate Level students.
- Submit Application including:
 - CV/résumé
 - 2 Faculty Individual Case Consultation Recommendation Forms

Individual Consultation Providers at all levels agree to:

- Maintain either an active professional license or membership in a professional association with a code of ethics. Maintain and fully fund comprehensive professional liability or malpractice insurance with appropriate coverage amounts in accordance with the regulations of the country/region where I am

providing sessions and/or consults.

- Charge scholarship students a maximum rate of \$100/hour for Individual Consultations.
- Understanding the limits of scope of practice within their primary practice modality and license, be able to articulate scope of practice clearly to students with whom they consult, and agree to adequately guide students towards more appropriate professional consultation if the issues that arise are outside scope of practice.
- Understand the common professional ethics and confidentiality rules associated with practice modality and license, agree to articulate these rules to SE students or SE Session Providers with whom they consult, and allow these ethics and confidentiality rules to guide in deciding if any ethical or confidentiality issues raised by the student or provider are beyond scope of practice and are better addressed by other professional consultants.
- As a case consultant, understand that it is strongly recommended to receive at least 4 consultations per year with a SE faculty member or with an approved small group case consultant, and understand that at least 2 of these consultations should be used to request feedback on the consultations being provided to students.
- Only provide credited Case Consultations for credit to students at the approved levels and clearly state approval level as well as qualification for credit to students and on any documents presented to students; such as a sign-up sheet.
 - For example, a Beginning Level Provider may only sign session logs for students currently in the Beginning year. They may not sign session logs for Intermediate or Advanced students. A student is considered a Beginning student starting the first day of their Beginning I module, an Intermediate student starting the first day of their Intermediate I module, and an Advanced student starting the first day of their Advanced I module.
- Sign the Provider Informed Consent and Release Agreement.